

## THE BUDDY PROGRAM SUPPORT AND CULTURAL INTRODUCTION FOR STUDENTS FROM OUTSIDE BALI

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### ABSTRACT

*This research aims to determine whether there are preliminary interests among Universitas Dhyana Pura students from outside of Bali in a Buddy Program, the student from outside Bali expectations for this program and what kind of assistance and activities that expected as a migrant student to reduce the possibility of cultural shock and help the incoming students to adapt in new environments and culture. This research was taken based on the results of a survey by 34 respondents. This research method is a quantitative description which uses a grouping questionnaire into several categories. This study found that most of the students from outside Bali agreed with the holding of the buddy program and wanted to be introduced to Balinese culture and simple Balinese Language.*

**Keywords:** Buddy Program, culture shock, studying abroad

### INTRODUCTION

Studying abroad for college has indeed been around since long time ago. Both in foreign countries and in Indonesia. In Indonesia, cities that are famous for collage are Yogyakarta, Bandung, and Malang. it is still possible that many people are also interested in studying in Bali because of tourism and others. These migrant students usually experience difficulties in the early days of self-adaptation to the new environment. For instance, in many cases foreign students do appear to experience more physical and mental ill health than native students, as well as more academic problems [1]. Therefore, they need a lot of help. There is the difficulty. In Universitas Dhyana Pura, there are around 25% of students from outside Bali, from more than 25 provinces in Indonesia. The difficulties experienced by overseas students are also experienced by students from outside Bali who study at Undhira. Therefore, Undhira proposes a buddy program but the buddy program is not between international and domestic but between Balinese students and non-Balinese students. Unlike the buddy program which is usually 1 to 1. Friends in Undhira both from Bali and non-Bali, they prefer 2 to 2. It is related to the culture of Indonesians who prefer to have friends.

### Situation Analysis

At the beginning of the transfer period, most migrant student experiences excitement to be in a new area. However, they will go through a transition period where they must learn to adapt in a new environment and culture that is different from their old culture. There are so many foreign students who find it difficult to adapt and experience cultural shock in the early lectures because of the existence of cultural differences. This project aims to help migrant student in Universitas Dhyana Pura in order to decrease the possibility of cultural shock for the migrant students. Based on the survey, most migrant students chose to do the buddy program at the beginning of the lecture period and only in the first semester.

## Objectives

1. To find out about activities makes the transition and adjustment process easier for the migrant students
2. To find out the migrant student's preference of time and scheme for the buddy program activities

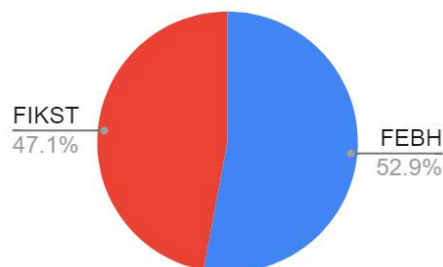
## METHODS AND ACTIVITIES

This research method is a quantitative descriptive method which uses a questionnaire to collect the data from 34 respondents. Descriptive research is not intended to test certain hypotheses, but only describe what they are about a variable. The data was grouped by several categories and aims to find information about buddy program scheme and activities preferences by the students outside Bali. It can be concluded that the quantitative descriptive research in this study is to know, review and illustrate with the numbers about the data of migrant students in Dhyana Pura that are examined according to the phenomenon which was seen at the time of the study.

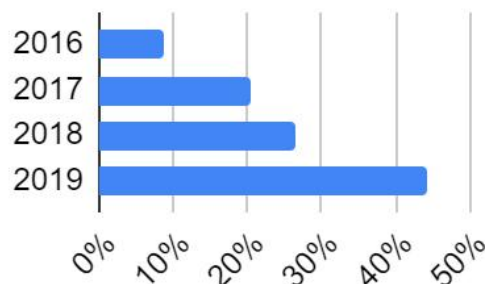
## RESULTS AND DISCUSSION

Based on data obtained from the results of a survey of 34 students outside Bali who study at Universitas Dhyana Pura there are 74% female students and 26% male students. 53% are in the faculty of economics (FEBH) and 47% are in the Faculty of Health science and technology (FIKST). Students from outside Bali who took the most surveys were students from the year of 2019 as much as 44%, followed by students from outside Bali year of 2018 by 26%, students from outside Bali year of 2017 by 21%, and the least number of students from outside Bali is the year of 2016 by 9%. Among the students outside Bali 47% joined student organizations and 53% did not join any organizations.

**Table 1. Faculty**



**Table 2. Class Year**



91% of students from outside Bali stated that they just moved to Bali to study as they approached the time the lecture began and another 9% moved to Bali less than 2 years before starting college. In this survey also stated about Who helped the students from outside Bali when they were first moved to Bali and based on data obtained from 34 respondents, 59% of students from outside Bali were assisted by siblings, 32% were assisted by friend from study programs, 32% were assisted by classmates, 21% of students outside Bali were not helped by anyone, 18% were assisted by parents, and 12% were assisted by friends in religious organizations.

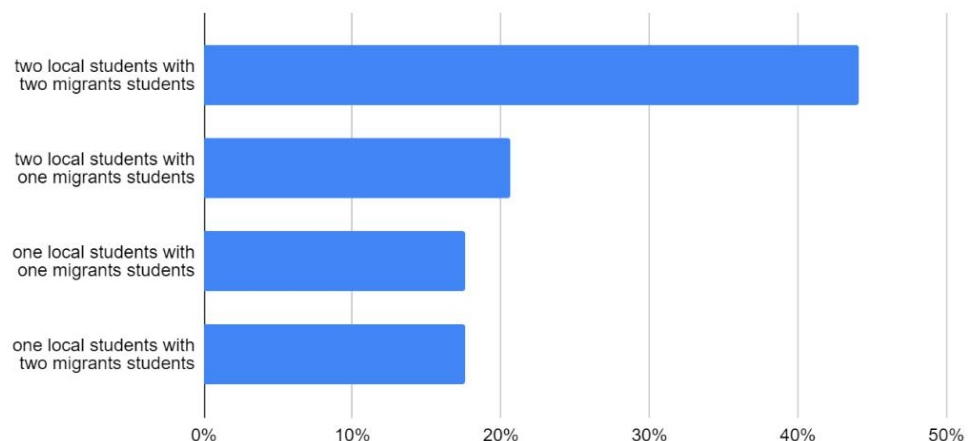
**Table 3. Help and Support**

Siblings	59%
friend from study program	32%
classmate	32%
nobody (alone)	21%
Parents	18%
friends in religious organizations	12%

From the data collected, most students from outside Bali have not heard about Buddy Program with number 94% and the other 6% stated that they have heard about Buddy Program. 97% students from outside Bali agreed with the holding of Buddy Program, 3% students in neutral position and there are no students who don't agree with the holding of Buddy Program. The students also asked about involvement in buddy program and the answers is 88% interested, 9% neutral, and the last 3% not interested to involve in buddy program.

Students from outside Bali are asked about the buddy program scheme that will be implemented at Universitas Dhana Pura. From the data collected 44% students from outside Bali choose two local students with two students outside Bali, 21% students choose two local students with one student outside Bali, 18% students choose one local students with one student outside Bali and last 18% choose one local students with two students from outside Bali. Universitas Dhyana Pura Students from outside Bali were also asked if the Buddy Program applied which grouping option was the best and the answer is 56% students don't have preference in grouping by gender, 35% choose one group consists of students of different genders and the last 9% choose one group consists of same-sex students. The students also state about Buddy program grouping based on study programs. 26% choose in one study program, 21% choose Cross study programs but still within one faculty, and most of them choose cross study programs and across faculties by 53%.

**Table 4. Scheme**

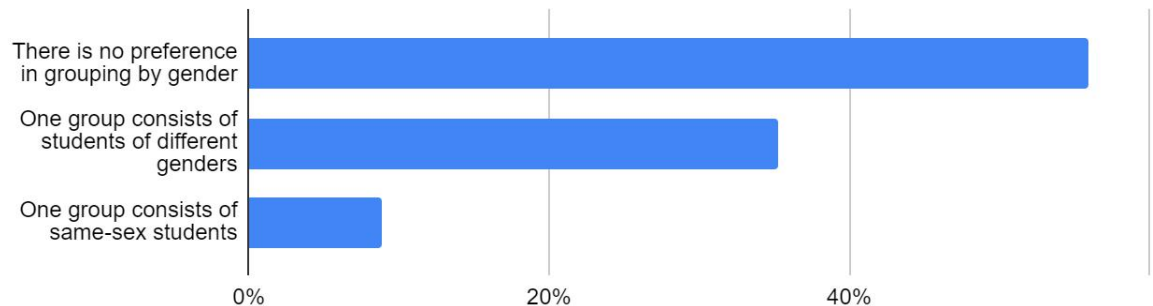


Based on the survey given, most students from outside Bali choose to do the buddy program when started college by 53%, 32% students choose during matriculation and students orientation, and 29% choose during college at Undhira (from semester 1 to final semester). The students from outside Bali prefer buddy program held on weekends by 53%, no preference by 32% and weekdays by 15%. They were asked about the opening event of buddy program and the answer is 94%

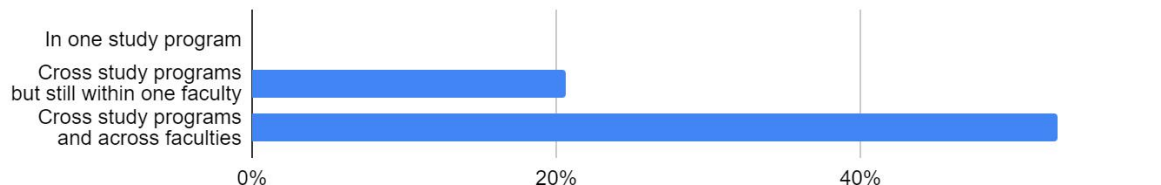


choose to have buddy program opening event and the rest 6% choose not to have the opening event. 88% of students from outside Bali stated that buddy program needs a written guide and rest 12% state that they don't need a written guide of buddy program.

**Table 5. Gender Grouping**



**Table 6. Study Program Grouping**



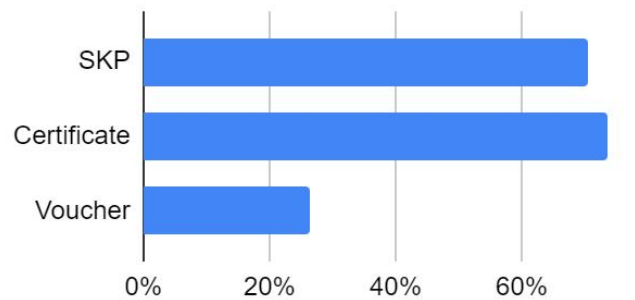
The students from outside Bali asked about activities that they expected to have in buddy program. Based on the survey 82% students choose to be introduced Balinese culture, 68% choose to be taught about appropriate / inappropriate norms based on the Balinese culture, 59% expect to show important locations near campus, 41% choose to be taught in simple Balinese language, 38% expect to do local food culinary, and the last activities chosen to visiting tourist attractions by 38%. And the students from outside Bali asked whether they Interested to be Invited to the Buddy House and 79% stated that they are interested, 15% neutral and rest 6% stated that they are not interested to be invited to the buddy's house.

**Table 7. Activities**

Introduced Balinese culture	82%
Taught about appropriate / inappropriate norms based on Balinese culture	68%
Show important locations near campus	59%
Taught in simple Balinese language	41%
Local food culinary	38%
Visiting tourist attractions	38%

The students from outside Bali asked about the need of Recognition and appreciation of doing Buddy Program. 97% stated that the students need recognition and appreciation and the rest 3% stated they don't need recognition and appreciation. Also, for the form of recognition and appreciation, most students from outside Bali choose certificate as the form of recognition and appreciation by 74%, SKP 74% and the rest choose voucher by 26%.

**Table 8. Recognition and Appreciation**



## CONCLUSION

This research found that most of the migrant students at Universitas Dhyana Pura were willing to get help from the local students when they first lived in Bali in the culture adaptation period. Most migrate students prefer to have a buddy program with two local students and two foreign students. The migrant students support the buddy program in order to be introduced to Balinese culture, taught about Balinese norms, showed important place near campus and taught simple Balinese language because Learning culture and language is important in study abroad situation.

By doing this buddy program, it will reduce the possibility for new students to experience culture shock. To succeed this buddy program, the migrant students and local students need to have commitment. Based on the survey, most students chose to get a form of recognition and appreciation. The indicator of success in this Buddy program is if the migrate students can adapt easier and reduced impact of culture shock.

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